The owner of this certificate has participated in a project supported by the European Union Erasmus+ programme. Erasmus+ supports the educational, professional and personal development of individuals in the education, training, youth and sport fields. It offers opportunities for learning mobility and active participation for young people, as well as professional development and cooperation for youth workers and youth work organisations.

Erasmus+

ALEXANDRA AVÔ

participated in the Youth Exchange

VOICE-UP: YOUTH EMPOWERMENT THROUGH PODCASTING, STORYTELLING AND DIGITAL MEDIA

in Erfurt, Germany

from 20/07/2026 to 26/07/2026

About the project

Voice-UP was an international youth exchange about digital media, storytelling, and podcasting. Participants explored topics such as social media, fake news, and digital creativity. Through non-formal learning activities, they improved their media skills, teamwork, and intercultural communication. During the project, they created their own podcast projects and shared experiences with young people from different European countries.

This certificate has been issued by Zusammen - Leben - Gestalten .

Florian Frommeld
Legal representative of Zusammen-Leben-Gestalten e.V.

Electronically signed on 23/07/2026 14:19 by Sokhiba Zayniddinova

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

The ID of this certificate is 7ZVF-CF1P-YB92-61VG.
To verify the ID, please go to the Youthpass website at **https://www.youthpass.eu/verify** or scan this QR code:

Youthpass

Makes your learning visible

PROJECT DETAILS

Below are further details about the project in which Alexandra Avô participated.

Voice-UP: Youth Empowerment through Podcasting, Storytelling and Digital Media

Youth Exchange | 20/07/2026–26/07/2026 | in Erfurt, Germany

Main activities: The project focused on developing media literacy and critical thinking skills in the digital age. Participants reflected on their own media habits and explored how social media algorithms influence the way we consume information.
They learned how to recognise misinformation, disinformation, and different online narratives. Participants explored storytelling techniques, found their personal voice, and developed skills in podcasting and digital content creation.
The project also included basic video and audio production, teamwork in international groups, intercultural learning, and the creation of creative media projects. At the end, participants reflected on their learning process and personal development through Youthpass.

Main outcomes: During the project, participants improved their media literacy and developed a more critical understanding of digital content, online information, and social media. They gained practical skills in podcasting, storytelling, and digital content creation.
Participants learned how to recognise misinformation, express their ideas with confidence, and use media as a tool for creativity and participation. Through international teamwork, they strengthened their communication, cooperation, and intercultural skills.
As a result, participants created their own podcast projects and developed a stronger understanding of their role as active digital citizens in a European context.

Hosting organisation: ZLG Zusammen-Leben-Gestalten e.V. (Germany)

Partners: Dínamo - Associação de Dinamização Sócio-Cultural (Portugal)
Fundación Canaria Insular para la Formación, el Empleo y el Desarrollo Empresarial (Spain)
SCHEDIA STIN POLI KALLITEXNIKI PAIDAGOGIKI OMADA (Greece)
Fundacja BEZLIK (Poland)

Group: 26 participants from Germany, Greece, Poland, Portugal and Spain

The working language of the project was English.